



International Workshop on Empowering Women through Volleyball

17-18 October 2022



Organized By

IQAC, State institute of Physical Education for Women in association with ITK Leipzig University, Germany (ITK India) and Kolkata Thunderbolts

Venue: State institute of Physical Education for Women, Alipore, Kolkata- 700027

Tentative Schedule:

Date: 17.10.2022		
Event/Activities	Time	Resource Persons
Opening Ceremony	11 AM - 11.45 AM	Mr. Manfred Auster, Dr. A.N.Dey, Mr. P Ghosh, Smt. Debolina Biswas, Mr. Pawan K Patodia
Theory Session 1: Women in Sports	12 PM - 12:45 PM	Dr Uma Kant Singh
Theory Session 2: Olympism through Volleyball	12:45 PM - 1:30PM	Ms Sarojni Lakra
Break		
Practical Session 1-Strength & Conditioning through Volleyball Activities	3:30 PM - 5:30 PM	Dr M.H Kumara/ Mr. Jaideep Sarkar
Date: 18.10.2022		
Practical Session 2- Volleyball Skills through Minor Games and Volleyball Match	7.30 AM - 9.30 AM	Dr M.H Kumara
Theory Session 3- Application of Sports Science in Volleyball	10:30 AM - 11:15 AM	Dr Uma Kant Singh
Theory Session 4- Team Building and Cohesion in Volleyball	11:15 AM - 12:00 PM	Mr. Jaideep Sarkar
Classroom Activity 1- Grassroot Volleyball	12PM - 1PM	Dr. M.H Kumara
Break		
Valedictory Session	3PM- 3.45 PM	Mr. Pawan K Patodia, Dr. Pintu Sil

External Resource Persons:

Dr M.H Kumara : FIVB Level III , International Trainer Course (Germany) , Master In Sport Science (Volleyball)

Dr Uma Kant Singh: FIBA Level II , International Trainer Course (Germany) , ITK Ambassador India , Master In Olympic Studies (Germany)

Ms Sarojni Lakra : Master In Olympic Studies (Germany) , Director of Sport at Govt. of Jharkhand and Coaching Course (Germany)

Mr. Jaideep Sarkar : Lead Officer, IOC's Global Active City, Asian Silver Medalist International Volleyball Coach (FIVB-II)

Chief Guest: Mr. Manfred Auster, Consul-General, German Consulate Kolkata

Guest of Honour: Mr. Pawan K Patodia, Owner, Kolkata Thunderbolts

Special Guests:

Mr. Prasenjit Ghosh, Sub Divisional Officer, Alipore Sadar, Govt. of West Bengal

Dr. A.N. Dey, Director of School Education, Netaji Subhash Open University, Former Additional DPI (Govt. of W.B)

Smt. Debolina Bwas, Chairman, Borough 9, Kolkata Municipal Corporation

Chief patron: Dr. Pintu Sil, Officer-in-Charge, State institute of Physical Education for Women

Organizing Secretary: Dr. Somshankar Chatterjee, Asst. Prof., State institute of Physical Education for Women

Convener: Dr. Rajarshi Kar, Asst. Prof., State institute of Physical Education for Women, Contact: 9098424280